

Immerse Yourself in an Empowering Weekend of Self-Discovery and Change of Your Life



EVOLVE

An immersion weekend of self-discovery

For more information
www.evolve-course.com

Benefits you will experience:

- You will see the survival strategies you formed as a child that keep you from living the amazing life you were meant to live.
- You will connect with your deepest emotions in a fun, loving, safe space with experienced coaches to guide and support you.

Based on Dr. Alfred Adler's theory of Individual Psychology, our limiting beliefs form in early childhood and disrupt our lives as adults below our level of awareness.

3-day workshop

For Adults of All Ages

WHAT YOU WILL GAIN FROM THIS COURSE

- Connect and embrace your emotions
- Gain a deeper understanding of yourself
- Genuine relationships with others
- Have boundaries while staying loving and empathetic
- Break limiting beliefs that keep you stuck
- Be empowered to make important decisions and go for your dreams

WHEN: March 11-13, 2022
Next: April- 22-24, 2022

TIME: Friday 6-10pm; Saturday 9am-10pm;
Sunday 9am-7:30pm.
All ending times are approximate.

WHERE: Boca Raton/Deerfield Beach, FL

CALL TO REGISTER NOW

Contact Tawnya Perry

(754) 204-8225